



## Celebrating 15 Years!

### **Celebrating 15 Years of Fun, Dance, and Fitness!**

This year marks a huge milestone for The Pole Gym – we're celebrating 15 incredible years! Since opening our doors in 2010, we've grown from a single vision into a thriving hub for pole and aerial enthusiasts, bringing together people from all walks of life to discover the joy of dance and fitness.

Over the years, we've had the privilege of welcoming thousands of amazing students through our doors. Some came for the fitness, others for the creative outlet, and many for the friendships – but they all stayed for the magic that makes The Pole Gym so special. It's been our greatest joy to see so many transformations, whether it's mastering that first spin, nailing a new trick, or gaining the confidence to perform on stage.

This anniversary is a testament to the incredible community we've built together – from our passionate instructors who share their expertise with love, to every student who's brought their energy, dedication, and laughter to the studio. To celebrate, we've got exciting plans in store! Stay tuned for anniversary-themed events and throwback moments that honor our journey. We'll also be sharing stories from our students and instructors, because this celebration isn't just about us – it's about you.

As we look to the future, we're more inspired than ever to keep growing, innovating, and sharing the joy of pole and aerial arts with even more people. Thank you for being part of our journey – here's to the next 15 years of fun, fitness, and family!

Let's make this year unforgettable!

Have you tried our casual classes yet? If you are in a Level 1 Pole Course, you'll have 3 to try for FREE (that's an extra \$105 value)! You can choose from a variety of classes including pole, lyra, dance, stretch, fitness classes & more! We even have a beginner friendly casual 'Dance Dirty FUNDamentals', which focuses on the FUNDamental Dance Dirty moves (like your first body rolls or pivots) and incorporate them into a short pole routine! We've also introduced an Exotic FUNDamentals Choreo which focuses on the FUNDamental exotic moves such as your first pivots or pirouettes, with a short routine featuring the moves you've learnt in class! These classes are perfect for anyone brand new to pole dance choreo and Level 1 students.

Love the casuals and want to try even more? No worries! As a student you can add on the Unlimited Casual Pass for only \$222 (full price \$450)! Just ask or message reception to book with the discount. With this pass you can even add yourself to the waitlist for casuals that are 'Full' and if a spot opens up you will be emailed.

If you have any questions about what's coming up please send us a message on our socials or contact reception. We'll be here, alongside your journey!





# Welcome

**TERM 1**  
JAN 6 - FEB 16

## STUDENT CREATIONS - FEBRUARY 15!

Get ready for a night of creativity, talent, and unforgettable performances! Our next Performance Night, "Be Our Valentine – Student Creations," is happening on February 15, and we're calling on YOU to take the stage.

Get a crew together or strike out solo! This is the perfect chance to build your confidence and perform in front of a supportive live studio audience!

When: Saturday February 15th at 6.30pm (doors open 6pm)  
Sign Up To Perform here: <https://linktr.ee/thepolegym>  
Tickets to be released soon!



## NEW STYLE, NEW LEVEL 8 ROUTINE!

We're bringing back the rock! We've said goodbye to Britney and hello, Bon Jovi! In theme with our 15th anniversary, we are taking a step back in time and bringing back the 'Rock' Style for our Level 8 Routines.

Starting with the updated Level 8 routine in Term 1 'Its Your Life' by Bon Jovi - choreographed by Tri!

Due to popular demand, we've opened a new Level 8 Class on Mondays at 6pm (Thursday at 6pm sold out)!

## FREESTYLER GRADS SHOW

Are you in Level 8 or above and want to perform at our 15th Anniversary Show on March 29th? Spots are still left in our 'Freestyler' Grads Show - you won't want to miss this!

This course is one of our favourites and a part of the Greatest Hits 15-year anniversary celebration! Freestyler is a celebration of all different kinds of pole dance styles which is everything The Pole Gym stands for! Led by Stevie 'Freestyler' Grads Show is one that you don't want to miss!

Course: Mondays at 7.30pm in Term 1 and 2  
Price: \$270 or 10% off as an add on



## SPOT LIGHT - MYSTERY CASUAL!

It's a casual and a mystery! Just as exciting as the joy you get from unwrapping your presents on Christmas morning. This surprise class will involve a pole, maybe a chair, or maybe each other... Regardless, we would suggest to ALWAYS bring your kneepads!

The only thing you do know, is that you don't know what you're gonna get! Get out of your comfort zone and give this class a try!

When: Thursdays at 4pm  
Price: \$35 each or included in Casual Plus Pass (50% off as an add on for 6-week course students) or 10 Pack Casual Pass

